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Different tools to trace geographic origin and seasonality of croaker (*Micropogonias furnieri*)

Milena P. Chaguri , Ana Luísa Maulvault , Maria Leonor Nunes , Debora Aparecida Santiago , Juliana Célia Denadai , Fabiola Helena Fogaça , Léa Silvia Sant'Ana , Carlos Ducatti , Narcisa Bandarra , Maria Luisa Carvalho , António Marques

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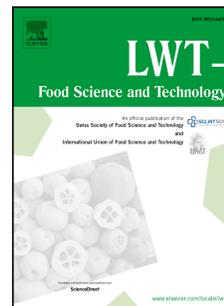
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1 **Different tools to trace geographic origin and seasonality of croaker**2 **(*Micropogonias furnieri*)**3  
4 Milena P. Chaguri<sup>a1</sup>, Ana Luísa Maulvault<sup>b</sup>, Maria Leonor Nunes<sup>b</sup>, Debora Aparecida  
5 Santiago<sup>c</sup>, Juliana Célia Denadai<sup>c</sup>, Fabiola Helena Fogaça<sup>c</sup>, Léa Silvia Sant'Ana<sup>a</sup>, Carlos  
6 Ducatti<sup>c</sup>, Narcisa Bandarra<sup>b</sup>, Maria Luisa Carvalho<sup>d</sup>, António Marques<sup>b</sup>7 <sup>a</sup>Centro de Aquicultura da UNESP, Via de Acesso Prof. Paulo Donato Castellane, s/n,  
8 18484-900 Jaboticabal, São Paulo, Brazil9 <sup>b</sup>Instituto Português do Mar e da Atmosfera, Avenida de Brasília, 1449-006 Lisbon –  
10 Portugal.11 <sup>c</sup>Centro de Isótopos Estáveis Ambientais, Unidade Auxiliar do Instituto de Biologia,  
12 Universidade Estadual Paulista, Botucatu, São Paulo, Brazil.13 <sup>d</sup>Centro Física Atómica da Universidade de Lisboa, Departamento de Física, Faculdade  
14 de Ciências, Av. Prof. Gama Pinto, 2, 1649-003 Lisbon, Portugal

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<sup>1</sup> Corresponding author. Address: Centro de Aquicultura da UNESP, Via de Acesso Prof. Paulo Donato Castellane, s/n, 18484-900 Jaboticabal, São Paulo, Brazil. Tel.: +55 16 32032110.  
E-mail address: mpchaguri@ig.com.br

17

**Abstract**

18 The aim of this study was to use proximate chemical composition, amino and trace  
19 elements, fatty acid profile and stable isotopes as traceability tools to assess geographic  
20 origin and seasonality of croaker (*Micropogonias furnieri*). Croaker from Parnaíba  
21 contained higher ash in July and lower fat content than croaker from Santos. In contrast,  
22 croaker from Santos had statistically higher proportion of 16:1n-9+16:1n-7, 20:1n-11,  
23 20:1n-9, MUFA and n-3/n-6 ratio than croaker from Parnaíba. Concerning seasonality,  
24 croaker caught in July had significantly higher amounts of 14:0, 15:0, 16:1n-9+16:1n-7  
25 and saturated fatty acids than fish caught in December. Concerning elements, significant  
26 differences were also detected between seasons for Cl, Ca, Fe, Sr and S, whereas  
27 differences between geographic origins were only observed with K.  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  were  
28 statistically different between geographic origins, whereas differences between seasons  
29 were only detected in  $\delta^{15}\text{N}$  ratio of croaker from Santos. Fatty acids, minerals and stable  
30 isotope are effective methods to trace geographic origin and seasonality of croaker.  
31 Nonetheless, further investigation is still required with larger samples of croaker to  
32 enable the implementation of fatty acids, elements or stable isotope as authenticity tools  
33 by food control agencies.

34

35 **Keywords:** *Micropogonias furnieri*; isotope stable; traceability; fatty acids; minerals

36

## 37           **1. Introduction**

38           Consumers are increasingly aware about the beneficial effects of fish intake to  
39 human health, which enabled the continuous increase in fish consumption worldwide  
40 (Mazzeo et al., 2008). As a result, the trade of a wide variety of fish products has  
41 increased, and consumers are increasingly concerned about the quality, origin and  
42 authenticity of the products, as well as on how they are handled, processed and stored  
43 (Herrero, 2008).

44           Fish adulteration can induce several consequences to consumers, such as the  
45 purchase of mislabeling or potentially harmful products and reduce the effectiveness of  
46 marine conservation (Civera, 2003). Thus, the authenticity evaluation and origin of  
47 species are important requirements to ensure quality, provide adequate security controls  
48 and develop effective regulations. Food authentication is part of traceability that  
49 includes food components identification to verify the compliance with labeling to  
50 prevent fraud. Labeling must provide information about species, origin, age and  
51 production systems (Schwagele, 2005).

52           The conventional fish identification is made by examination of their anatomical  
53 and morphological characteristics. However, identification becomes complicated in  
54 processed food, such as frozen fillets and precooked shellfish, where these  
55 morphological characteristics are removed (Moran, & Garcia-Vazquez, 2006).  
56 Therefore, there is an urgent need to develop methods to rapidly and accurately identify  
57 processed food that can help the authorities and fish industries to comply with the  
58 requirements for labeling and traceability, and to ensure product quality and consumer  
59 protection (Carrera, Cañas, & Gallardo, 2012).

60 The use of analytical techniques to determine the geographic origin of food  
61 products is the best way to prevent tampering. Gas chromatography (Busetto et al.,  
62 2008; Thomas et al., 2008), spectroscopy (Cordella, Faucon, Cabrol-Bass, &  
63 Sbirrazzuoli, 2003) and IRMS (Thomas, Jasmin, & Lees, 2005) have been proposed for  
64 food authenticity in order to identify the presence of main components in the sample or  
65 any compounds that may be characteristic of a particular food item.

66 Isotope ratio mass spectrometry (IRMS) is a powerful tool for the detection of  
67 adulterated and counterfeit food products (Calderone et al., 2009) and is recognized as  
68 an official method to ensure the authenticity of food products (Martin, & Martin, 1995).  
69 IRMS has been applied for assessing geographic origin of lamb (Piasentier, Valusso,  
70 Camin, & Versini, 2003) beef (Heaton, Kelly, Hoogewerff, & Woolfe, 2008) poultry  
71 meat and dried beef (Franke et al., 2007), but limited studies exist of its applicability in  
72 seafood.

73 It is well known that the levels of macro and trace elements in food products  
74 clearly reflect the environmental conditions at which they were produced. For this  
75 reason, the elemental content has been suggested as a good indicator of the geographic  
76 origin of food samples. Thus, techniques such as atomic absorption spectrometry  
77 (FAAS) have been successfully employed in food authentication (Gonzalvez, Armenta,  
78 & de la Guardia, 2009). Energy dispersive X-ray fluorescence (EDXRF) is another  
79 technique that can also be used in elemental determination. This technique is highly  
80 sensitive, fast, cheap and accurate to measure multi-elements.

81 Fatty acids profile is another useful tool to differentiating fish stocks (Joensen,  
82 Steingrund, Fjallstein, & Grahl-Nielsen, 2000), production systems (Alasalvar, Taylora,  
83 Zubcov, Shahidi, & Alexis, 2002), seasonality (Rasoarahona, Barnathan, Bianchini, &  
84 Gaydou, 2005) and geographic origin (Çelik, Diler, & Kuçukgulmez, 2005).

85           The city of Santos is located in the South East of Brazil in a highly industrialized  
86 area, subjected to strong anthropogenic pressure. In contrast, Parnaíba is a small town  
87 located in the North East of Brazil, where economy is based on the production of  
88 babassu oil, carnauba wax and cotton. Both cities have distinct environmental  
89 conditions, water quality and contamination levels. The croaker *Micropogonias furnieri*  
90 is considered as one of the most traditional and gastronomically important fish species  
91 captured by fisheries in Brazil, Argentina and Uruguay, being a very important resource  
92 in Santos and Parnaíba regions ,(Elsdon, & Gillanders, 2002). This species is  
93 omnivorous, showing preference for small crustaceans such as shrimp and crabs.  
94 Regarding the life cycle, young individuals migrate to estuaries, while adults migrate to  
95 coastal areas to breed. The population of croaker varies throughout the year as a result  
96 of migration and food availability (Costa, & Araujo, 2003).

97           In this context, this study aimed to assess the traceability of croaker (*M. furnieri*)  
98 from two distinct regions, Santos and Parnaíba and harvested in two seasons (July and  
99 December). Different traceability tools were employed to assess geographic origin and  
100 seasonality of croaker, such as proximate chemical composition, macro and trace  
101 elements, fatty acid profile and stable isotopes of carbon and nitrogen.

102

## 103 **2. Materials and methods**

### 104 *2.1 Samples*

105 Croakers were caught in two distinct regions of the Brazilian coast, namely in  
106 Santos (23° 57' 17" S and 46 ° 19' 56" W) and Parnaíba (02 ° 54' 17" S and 41 ° 46' 36" W)  
107 in July (winter) and December (summer) of 2011. The regions have two well defined  
108 seasons: summer and winter. The specimens' morphological parameters were registered  
109 (Table 1), then all fish were eviscerated and transported on ice to the laboratory where  
110 they were separated the edible part (muscle), homogenized and frozen. A portion of  
111 each frozen sample was freeze-dried for 48 h at -40 °C (Christ, Alpha 2-4 LD Plus,  
112 Munchen, Germany) and stored at -80 °C under controlled moisture conditions until  
113 further analyses.

### 114 *2.2 Proximate chemical composition*

115 Moisture, ash, protein and lipid contents were determined according to the  
116 Association of Official Analytical Chemists methods (AOAC, 2005). All analyzes were  
117 performed in duplicate per specimen. Samples were defrozen for subsequent analyses.  
118 Analyses of moisture and ash were carried out by oven drying at 105°C (method  
119 950.46) and muffle furnace at 550°C (method 938.08). The total level of nitrogen were  
120 determined by the Kjeldahl procedure (method 981.10), and protein levels were  
121 estimated using 6.25 conversion factor; and total lipid content was determined with the  
122 Soxhlet extraction method using ethyl ether (40–60°C; 7 h; heater plate SBS  
123 Instruments PC6L, Portugal).

### 124 *2.3 Fatty acid profile*

125 Fatty acid profile was determined in triplicate for each specimen, according to  
126 the experimental procedure of Cohen et al. (1988). Each freeze-dried sample (300 mg

127 dry weight) was blended in 5 mL of acetyl chloride/ methanol (1:19 v/v; Merck),  
128 shaken, and heated (80°C; 1 h). After cooling, 1 mL of Milli-Q distilled water and 2 mL  
129 of n-heptane pro analysis (Merck) were added, and samples were shaken and  
130 centrifuged (2000 g; 5 min, Sigma 2k15, Germany) until separation in two phases: an  
131 upper organic phase (composed by methyl esters) with n-heptane and a lower organic  
132 phase with methyl chloride, methanol and water. The moisture content of the upper  
133 phase was removed with anhydrous sodium sulfate (Panreac). An aliquot (2  $\mu\text{L}$ ) of the  
134 upper phase was then injected (split injector) on a gas chromatograph (Varian Star 3800  
135 Cp, Walnut Creek, CA, USA) equipped with an auto sampler and fitted with a flame  
136 ionization detector at 250°C. The separation was carried out with helium as carrier gas  
137 at a flow rate of 1 mL  $\text{min}^{-1}$ , in a capillary column DB-WAX (30 m length 0.32 mm  
138 internal diameter; 0.25  $\mu\text{m}$  film thickness; Hewlett–Packard) programmed at 180°C for  
139 5 min, raised to 220 at 4°C  $\text{min}^{-1}$ , and maintained at 220°C for 25 min, with the injector  
140 at 250°C. Fatty acids were identified by comparing retention times with those of Sigma  
141 standards. Quantitative data were calculated using the peak area ratio (percent of total  
142 fatty acids) and the Varian software.

#### 143 *2.4 Trace elements and contaminants*

144 Energy dispersive X-ray fluorescence (EDXRF) was used to quantify the  
145 elements S, Cl, K, Ca, Fe, Zn, As, Se, Br and Sr. The spectrometer is a self-constructed  
146 system, using a Philips X-ray generator (PW 1140/00/60 3 kV). The EDXRF technique  
147 consists of an X-ray tube equipped with a molybdenum secondary exciter. The  
148 characteristic radiations emitted by the elements in the sample were detected by lithium  
149 drifted silicon [Si (Li)] detector with 30  $\text{mm}^2$  active area and 8  $\mu\text{m}$  beryllium window.  
150 The energy resolution was 135 eV at 5.9 keV and the acquisition system was a Nucleus  
151 PCA card. Quantitative calculations were made by the fundamental parameters method

152 (Custódio, Carvalho, & Nunes, 2003). The X-ray generator was operated at 50 kV, 20  
153 mA and 1000 s acquisition time. Each freeze dried specimen sample powder (1 g) was  
154 pressed into 2 cm diameter pellets ( $n = 2$ ) without any chemical treatment and glued  
155 onto Mylar films on sample holders and placed directly in the X-ray beam.

156 Flame atomic-absorption spectrometry (FAAS; Varian SpectrAA 55B Sydney,  
157 Australia) was used to quantify Cd and Pb in each specimen sample ( $n=2$ ), according to  
158 the procedures described by Jorhem (2000). Briefly, 10 g of defrost muscle was dry-  
159 ashed at 500°C and dissolved in 15% v/v nitric acid. Concentrations of Pb and Cd were  
160 established through the external linear calibration with standard solutions: Cd (NO<sub>3</sub>)<sub>2</sub>  
161 and Pb (NO<sub>3</sub>)<sub>2</sub> (Merck; 1 g L<sup>-1</sup> dissolved in 0.5 mol L<sup>-1</sup> HNO<sub>3</sub>).

162 Total Hg levels were determined by atomic absorption spectrometry using an  
163 automatic Hg analyser (LECO apparatus AMA 254, St. Joseph, MI, USA). The  
164 procedure is based on freeze dried sample decomposition (10 mg;  $n = 2$  for each  
165 specimen) by combustion, preconcentration of mercury by amalgamation with gold and  
166 atomic absorption spectrometry. Concentrations were calculated from linear calibration  
167 with Hg standard solution absorbance (1 g L<sup>-1</sup> dissolved in 0.5 mol L<sup>-1</sup> HNO<sub>3</sub>; Merck).

168 Accuracy was checked through analysis of certified biological material (Table  
169 2). The detection limits (DL) of each element were determined by two methods: (1)  
170 EDXRF – with the signal-to-noise approach, where the equipment compares the signal  
171 of each element with blank samples and established the minimum concentration at  
172 which the element is reliably detected; and (2) FAAS – with the residual standard  
173 deviation (RSD) of the response and the slope (S) of the calibration curve of each  
174 standard solution used [DL = (3.3×RSD)/S]. The concentration of all elements was  
175 reported as milligrams per kilogram on dry weight basis (mg kg<sup>-1</sup>).

176 *3. Isotope analyses*

177 For stable isotope analysis, approximately 500 µg and 60 µg of homogeneous  
178 dried material were packed in 5 x 9 mm cylindrical tin capsules for the determination of  
179 nitrogen (<sup>15</sup>N) and carbon (<sup>13</sup>C), respectively. Samples were analyzed for stable isotope  
180 ratios of carbon and nitrogen using a Delta S type isotope ratio mass spectrometer  
181 (Finnigan Mat, Bremen, Germany) with an elemental analyzer CHN.

182 Isotope ratios are expressed in conventional δ notation in parts per thousand (‰)  
183 relative to the universal standard:

$$184 \delta_{\text{sample}} = [(R_{\text{sample}} / R_{\text{standard}}) - 1] \times 1000$$

185 The results δ<sup>13</sup>C and δ<sup>15</sup>N isotope ratio analyses are reported on the relative δ-  
186 scale and referred to the international standards V-PDB (Vienna Pee Dee Belemnite) for  
187 carbon isotope ratio and atmospheric air for nitrogen isotope ratio. The analyses were  
188 performed as previously described by Móri et al. (2007). Secondary standards used to  
189 δ<sup>13</sup>C was -28.00 per mil (eucalyptus charcoal) and 3.20 to δ<sup>15</sup>N (Ammonium sulphate  
190 (NH<sub>4</sub>)<sub>2</sub>SO<sub>4</sub>). The certified values were δ<sup>13</sup>C = -39.73‰ and δ<sup>15</sup>N = -0.73‰ (working  
191 standard - UREA - IVA 33802174).

192 *2.6. Statistical analysis*

193 One-way analysis of variance (ANOVA) was used to detect significant  
194 differences among geographic origin and seasonality in all assessments, followed by  
195 Unequal N's test to identify these differences. Whenever necessary, data were  
196 transformed to satisfy normal distribution and homoscedasticity requirements, followed  
197 by nonparametric analysis of variance (Kruskall–Wallis), if transformed data could not  
198 meet these assumptions. Principal Component Analysis (PCA) was also employed to  
199 reduce the multidimensional data sets of the several elements to lower dimensions, thus

200 simplifying the presentation and interpretation of data. All statistical analyses were  
201 tested at 0.05 level of probability with the software STATISTICA 8.0 © (Statsoft,  
202 Tulsa, OK, USA).

### 203 **3. Results and discussion**

#### 204 *3.1 Proximate chemical composition*

205 The results of croaker from Santos and Parnaíba in July and December are  
206 shown in Table 3. Only ash content of croaker from Parnaíba region was statistically  
207 different than levels in Santos region. Concerning seasons, significantly higher ash  
208 content was found in croakers caught in Parnaíba during July compared to December.  
209 No significant differences in the amounts of moisture and protein were detected  
210 between geographic locations and seasons. In contrast, fat content was higher in croaker  
211 from Santos compared to Parnaíba, but no difference was found between seasons. Luzia  
212 et al. (2003) showed large variations in croaker fat among seasons (summer = 0.60%)  
213 and (winter = 3.29%). According to Stamatis and Arkoudelos (2007), variations in  
214 marine fish chemical composition are closely related to feed nutritional composition,  
215 habitat, fish size, catching season, seawater temperature, seawater salinity, animal  
216 physiological condition, maturation stage, gender and other environmental conditions.

217

#### 218 *3.2 Fatty acids profile*

219 The fatty acids profile of croaker revealed statistical differences according to  
220 geographic origin and seasons (Table 4). Croaker from Santos had statistically lower  
221 levels of 21:0 and n-6 than croaker from Parnaíba. Concerning seasonality, Santos  
222 croaker caught in July had significantly higher amounts of 14:0, 16:1n-9+16:1n-7,  
223 18:3n-4 than Santos croaker caught in December, whereas higher levels of 16:3n-4,  
224 18:2n-6, 20:0, 20:2n-6 and 21:0 were observed in December. In contrast, Parnaíba

225 croaker caught in July had statistically higher amounts of 15:0, 16:1n-9+16:1n-7, 17:0,  
226 16:4n-3, 18:1n-7, 19:0, 20:2n-6, 22:4n-6 than Santos croaker caught in December.  
227 However, levels of 16:2n-4, 16:3n-3, 20:0, 20:4n-3, 20:5n-3, 22:5n-6, 22:5n-3, 22:6n-3,  
228 PUFA, n-3, EPA+DHA were higher in Parnaíba croaker caught in December.

229 Palmitic acid was the primary saturated fatty acid (SFA) of croaker regardless of  
230 season and geographic origin. No statistical differences in SFA levels were detected for  
231 croaker between seasons and geographic origins. Similar results were obtained by  
232 Bandarra et al. (1997) for sardines *Sardina pilchardus* as SFA were fairly constant  
233 throughout the year and did not seem to be influenced by diet.

234 Oleic acid was identified as the primary MUFA in all samples. Overall, MUFA  
235 was higher in croaker from Santos than from Parnaíba, though not being always  
236 significant, and did not differ with season. Higher levels of C20:1n-9 were found in  
237 croaker from Santos compared to Parnaíba specimens, though not significant. This fatty  
238 acid has been associated with zooplankton, thus reflecting distinct zooplankton  
239 consumed by croaker (Budge, Iverson, Bowen, & Ackman, 2002).

240 DHA (22:6n-3) was the basic polyunsaturated fatty acid in all samples. It was  
241 reported that DHA constitutes the majority of PUFA in most marine fish (Alasalvar et  
242 al., 2002; Orban, Navigato, Di Lena, Casini, & Marzetti, 2003). The percentages of  
243 PUFA, such as EPA and DHA, in fish muscle are mostly dependent of diet (Arts,  
244 Ackman, & Holub, 2001) and the fatty acid composition might vary due to changes in  
245 nutritional habits of fish (Norrobin, Olsen, & Tande, 1990). The lower PUFA content in  
246 croaker from Parnaíba in July (winter) may be attributed to changes in feed availability.

247

248 *3.3 Macro and trace elements*

249 Elemental contents of croaker from different origins and seasons are given in  
250 Table 5. No statistical differences were detected in the concentration of Zn and Br in  
251 croaker regardless of geographic origin and season. S (Parnaíba), Cl (Santos), Ca  
252 (Parnaíba), Fe (both sites), Se (Parnaíba), Rb (Parnaíba), Sr (both sites), Pb (Santos) and  
253 As (Parnaíba) contents were significantly higher in July than in December. In contrast,  
254 the levels of Hg, Cd and Pb in Parnaíba croaker were statistically higher in December  
255 compared to July. Concerning geographic origin, K levels were always statistically  
256 higher in Santos compared to Parnaíba specimens. The metabolic function of Sr and Rb  
257 in marine organisms is still unknown and they are regarded as non-essential elements.  
258 Selenium is an essential element acting as antioxidant, anticarcinogenic, regulator of  
259 thyroid hormone metabolism and an antagonistic agent to the toxicological effects of  
260 Hg (Khan, Ali, Biaswas, & Hadi, 1987). In this study, it was possible to observe the  
261 antagonism between Hg and Se in croakers from Parnaíba captured in July, which  
262 showed significantly lower levels of Hg than the other samples, contrasting with the  
263 statistically higher levels of Se.

264 Mercury is one of the most well studied element due to its high toxicity  
265 (Carvalho, Pereira, & Brito, 2002). The maximum mean concentration,  $0.84 \text{ mg kg}^{-1}$   
266 (dry weight), was measured in croaker from Parnaíba in December, whereas the lowest  
267 concentration was found in croaker from Parnaíba in July ( $0.09 \text{ mg kg}^{-1}$ ). It is well  
268 recognized that Hg is a mutagenic, neurotoxic and teratogenic element that can interfere  
269 with the human body functions, by damaging the renal, endocrine, gastrointestinal,  
270 cardiovascular and nervous systems (Goyer et al., 1995). The results obtained for toxic  
271 elements, such as As, Hg, Pb, and Cd, reflect an exogenous influence that may be  
272 related to environmental pollution (Carvalho, Santiago, & Nunes, 2005).

273 Variations in the elemental composition of marine foods are closely related to  
274 seasonal and biological differences (species, size, tissue, age, gender and maturation  
275 stage), catching areas, processing method, food source and environmental conditions  
276 (seawater chemistry, salinity, temperature and contaminant level) (Alasalvar et al.,  
277 2002).

278  
279

### 3.4 Stable Isotope

280 The results of croaker isotopic analysis from different geographic origins and  
281 seasons are presented in Table 6. Carbon and nitrogen isotopic ratios were statistically  
282 different between geographic origins. Croaker from Santos has more negative values of  
283  $\delta^{13}\text{C}$  than Parnaíba specimens. Changes in  $\delta^{13}\text{C}$  are due to differences in feed  
284 availability at the different regions. Indeed, in aquaculture, it has been shown that  
285 different feed sources differ in the availability of carbon for fixing (Butterworth, Li &  
286 McKinley, 2004).

287 In contrast, croaker from Santos had higher  $\delta^{15}\text{N}$  than fish from Parnaíba. The  
288 differences in  $\delta^{15}\text{N}$  values are on protein content and mostly on origin and type of  
289 protein ingested through the diets of both fish (Busetto et al., 2008). The natural diet of  
290 croaker consists mainly of benthic invertebrates and small fish (Soares, Muto, Gasparro,  
291 & Rossi-Wongtschowski, 2006) that vary according to prey availability and geographic  
292 origin of fishing areas. Croaker from Parnaíba showed  $\delta^{13}\text{C}$  increase of 1‰ compared to  
293 croaker from Santos. According to Suzuki et al. (2005), changes in biochemical  
294 composition of a tissue according to the ontogeny and/or season will influence the  
295 proportion of stable isotopes, such as for  $\delta^{13}\text{C}$  lipid fraction. Regarding seasonality,  
296 differences were only detected in  $\delta^{15}\text{N}$  ratio in croaker from Santos, where specimens  
297 captured in July had higher  $\delta^{15}\text{N}$  enrichment. Seasonal differences in the isotopic

298 composition of fish may be linked to seasonal changes in feed preferences and  
299 availability (Vizzini, & Mazzola, 2003). The isotopic ratio of animals is primarily  
300 determined by diet and, to some extent, also reflects their origin (De Niro, & Epstein,  
301 1978). During periods of scarcity of food, fish uses the reserves accumulated in its  
302 body. Consequently, more positive nitrogen values and less negative carbon values are  
303 observed. Garcia et al. (2007) found similar results in croaker from Patos Lagoon ( $\delta^{13}\text{C}$   
304 =  $-17.97 \pm 1.1$  and  $\delta^{15}\text{N} = 14.39 \pm 0.3$ ). The isotopic ratios in this study were higher than  
305 those found by Corbisier et al. (2006) in croaker from Flamengo Sound, Ubatuba ( $-14.3$   
306 for  $\delta^{13}\text{C}$  and  $12.0$  for  $\delta^{15}\text{N}$ ). Molquentin et al. (2007) evaluated the isotopic differences in  
307  $\delta^{13}\text{C}$  and  $\delta^{18}\text{O}$  in wild and farmed salmon from different regions, and found statistical  
308 differences between salmon reared in different regions, but not in wild salmon from  
309 different regions. This implies that there is a considerable variation in the feed  
310 composition used by fish farms, which difficult the determination of the geographical  
311 origin by IRMS. Therefore, the current results with croaker indicate that  $\delta^{15}\text{N}$  is a better  
312 indicator for its identification.

313

### 314 *3.5 Principal Component analysis*

315 PCA was used to provide an overview of the capacity of macro and trace  
316 elements and fatty acids to discriminate differences between croakers caught in Santos  
317 and Parnaíba in different seasons (Figure 1). Factors one and two yielded 69.22% of  
318 explainable results, with Fe, Pb, Sr, Cl, Ca and the fatty acids 20:0 and 20:2n-6 loading  
319 heavily on the first factor, and 22:5n-6, 20:4n-6 (ARA), 16:4n-6, 17:0 isobr and 15:0  
320 loading heavily in factor two (Table 7). The results illustrate clear separation between  
321 geographic origin and seasons.

322 The composition of croaker differed between geographic origin and seasons.  
323 Most variations are likely related to feed availability and habitat type. Croaker from  
324 different geographic origins may be differentiated using total lipids, ash content, fatty  
325 acids profile (e.g. 14:0, 17:0, 21:0, 16:1n-9+16:1n-7, 20:1n-11, 20:1n-9,20:4n-6, 22:4n-  
326 6, MUFA, n-6 and n-3/n-6 ratio), essential elements (K), and isotopic carbon or  
327 nitrogen. As far as season is concerned, its differentiation could be attained with several  
328 fatty acids (14:0, 15:0, 21:0, 16:1n-9+16:1n-7, 16:2n-4 fit, 16:3n-3 and SFA), elements  
329 (Cl, Ca, Fe, Sr and S), and the stable isotope  $\delta^{15}\text{N}$ .

330 Fatty acids, macro and trace elements and stable isotopes, combined with  
331 multivariate statistical analysis are promising effective methods for authentication and  
332 traceability of croakers caught in Santos and Parnaíba in different seasons. Nonetheless,  
333 for the daily practice of food control, isolated tools should be used to identify fraud and  
334 to reduce costs and duration of analysis. Fatty acids profile, minerals or stable isotopes  
335 can indeed provide evidence of fraud in croaker from different origins and seasons.

336

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1 **Table 1.** Weight and length (mean  $\pm$  standard deviation) of croakers caught in Santos  
 2 and Parnaíba in different seasons

Locality/Seasonality	Weight			Length		
	Mean	Max.	Min.	Mean	Max.	Min.
CSJ (n=10)	1188.5 $\pm$ 186.8	1580	965	39.9 $\pm$ 2.0	42.5	37.0
CSD (n=10)	712.5 $\pm$ 90.2	870.9	591.7	39.5 $\pm$ 1.5	42.5	36.5
CPJ* (n=10)	244.1 $\pm$ 142.2	497.5	96.2	27.1 $\pm$ 4.9	34.0	21.2
CPD (n=10)	985.6 $\pm$ 104.1	1150	840	45.8 $\pm$ 2.1	48.0	42.0

3 CSJ: Croacker Santos July; CSD: Croacker Santos December; CPJ: Croacker Parnaíba july; CPD: Croacker Parnaíba December. \*  
 4 weight of eviscerated fish

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**Table 2.** Elemental concentration ( $\text{mg kg}^{-1}$  DW) and detection limits ( $\text{mg kg}^{-1}$ , DL) of certified reference material (average  $\pm$  standard deviation) analyzed by FAAS and EDXRF. Abbreviations: Dry Weight (DW); Detection Limit (DL)

Element	Technique	D.L	Certified reference material	Certified value	Present work
Hg	FAAS	0.02	Dogfish muscle (DORM-2)	4.64 $\pm$ 0.26	4.68 $\pm$ 0.17
Cd	FAAS	0.01	Lobster hepatopancreas (TORT-2)	27.00 $\pm$ 1.00	27.00 $\pm$ 0.00
Pb	FAAS	0.02	Lobster hepatopancreas (TORT-2)	0.35 $\pm$ 0.13	0.35 $\pm$ 0.06
As	EDXRF	0.7	Lobster hepatopancreas (TORT-2)	21.60 $\pm$ 1.80	22.6 $\pm$ 2.00
S	EDXRF	100	Oyster tissue (SRM 1566)	7600*	8200 $\pm$ 500
Cl	EDXRF	100	Oyster tissue (SRM 1566)	10000*	10200 $\pm$ 500
K	EDXRF	50	Oyster tissue (SRM 1566)	9690 $\pm$ 50	10000 $\pm$ 80
Ca	EDXRF	20	Oyster tissue (SRM 1566)	1500 $\pm$ 50	1350 $\pm$ 50
Fe	EDXRF	3	Dogfish muscle (DORM-2)	142 $\pm$ 10	141.3 $\pm$ 1.5
Cu	EDXRF	0.7	Oyster tissue (SRM 1566)	63.0 $\pm$ 4.0	63.0 $\pm$ 4.0
Zn	EDXRF	1	Dogfish muscle (DORM-2)	25.6 $\pm$ 2.3	23.9 $\pm$ 0.1
Se	EDXRF	1	Dogfish muscle (DORM-2)	1.4 $\pm$ 0.09	1.2 $\pm$ 0.1
Br	EDXRF	0.8	Freeze-dried animal blood (IAEA-A-13)	22.0 $\pm$ 3.0	22.0 $\pm$ 2.0
Rb	EDXRF	1.1	Orchard Leaves (SRM-1571)	11.4 $\pm$ 0.7	12.0 $\pm$ 1.0

\* Non-certified values provided by the United States National Bureau of Standards.

**Table 3.** Proximate chemical composition (g 100 g<sup>-1</sup>) of croakers caught in Santos and Parnaíba in different seasons

Locality/Seasonality	Moisture	Protein	Ash	Fat
<b>CSJ</b> (n=10)	78.86±0.50	18.33±0.25	1.20±0.03 <sup>b</sup>	1.57±0.19 <sup>a</sup>
<b>CSD</b> (n=10)	79.05±0.42	18.36±0.36	1.20±0.06 <sup>b</sup>	1.68±0.29 <sup>a</sup>
<b>CPJ</b> (n=10)	78.63±0.77	17.50±0.55	1.32±0.05 <sup>a</sup>	1.18±0.15 <sup>ab</sup>
<b>CPD</b> (n=10)	80.63±0.93	17.48±1.18	1.01±0.03 <sup>c</sup>	0.79±0.10 <sup>b</sup>

CSJ: Croaker Santos July; CSD: Croaker Santos December; CPJ: Croaker Parnaíba July; CPD: Croaker Parnaíba December. <sup>a</sup>Means ± S.D. with different letters in the same column are significant different at P ≤ 0.05.

**Table 4.** Fatty acid content (%) of croakers caught in Santos and Parnaíba in different seasons

Fatty Acids	CSJ (n=10)	CSD (n=10)	CPJ (n=10)	CPD (n=10)
14:0*	2.11±0.50 <sup>a</sup>	1.01±0.31 <sup>b</sup>	1.09±0.25 <sup>b</sup>	0.61±0.19 <sup>b</sup>
15:0*	0.84±0.12 <sup>a</sup>	0.67±0.26 <sup>ab</sup>	0.85±0.28 <sup>a</sup>	0.30±0.05 <sup>b</sup>
16:0	21.37±2.02 <sup>a</sup>	20.06±4.07 <sup>a</sup>	25.36±2.96 <sup>a</sup>	21.80±0.63 <sup>a</sup>
16:1n-9+16:1n-7*	6.95±0.73 <sup>a</sup>	4.98±1.48 <sup>b</sup>	4.08±1.01 <sup>b</sup>	1.98±0.42 <sup>c</sup>
17:0 isobr*	0.57±0.09 <sup>a</sup>	0.73±0.29 <sup>a</sup>	0.41±0.24 <sup>ab</sup>	0.19±0.05 <sup>b</sup>
16:2n-4- Fit*	0.14±0.04 <sup>b</sup>	0.41±0.06 <sup>ab</sup>	0.17±0.08 <sup>b</sup>	1.19±0.28 <sup>a</sup>
17:0*	0.76±0.08 <sup>b</sup>	0.74±0.18 <sup>b</sup>	1.35±0.29 <sup>a</sup>	0.52±0.16 <sup>b</sup>
16:3n-4*	0.20±0.04 <sup>b</sup>	0.52±0.10 <sup>a</sup>	0.83±0.08 <sup>a</sup>	0.42±0.13 <sup>ab</sup>
16:3n-3*	0.58±0.34 <sup>bc</sup>	0.99±0.32 <sup>b</sup>	0.23±0.05 <sup>c</sup>	1.86±0.29 <sup>a</sup>
16:4n-3*	0.13±0.04 <sup>b</sup>	0.13±0.05 <sup>b</sup>	1.41±0.06 <sup>a</sup>	0.18±0.04 <sup>b</sup>
18:0**	8.61±1.05 <sup>a</sup>	7.84±1.42 <sup>a</sup>	9.52±0.33 <sup>a</sup>	9.78±0.64 <sup>a</sup>
18:1n-9*	7.81±1.47 <sup>a</sup>	8.26±1.76 <sup>a</sup>	7.06±1.60 <sup>a</sup>	6.75±0.55 <sup>a</sup>
18:1n-7*	2.70±0.37 <sup>a</sup>	2.34±0.72 <sup>a</sup>	2.48±0.42 <sup>a</sup>	1.51±0.29 <sup>b</sup>
18:2n-6***	0.80±0.07 <sup>b</sup>	1.53±0.36 <sup>a</sup>	1.75±0.32 <sup>a</sup>	1.12±0.08 <sup>ab</sup>
19:0*	0.32±0.03 <sup>b</sup>	0.27±0.06 <sup>b</sup>	0.46±0.08 <sup>a</sup>	0.33±0.03 <sup>b</sup>
18:3n-4**	0.26±0.06 <sup>a</sup>	0.10±0.02 <sup>b</sup>	0.18±0.04 <sup>ab</sup>	0.41±0.17 <sup>a</sup>
20:0**	0.00±0.00 <sup>b</sup>	0.22±0.04 <sup>a</sup>	0.00±0.00 <sup>b</sup>	0.29±0.13 <sup>a</sup>
20:1n-11**	0.78±0.28 <sup>a</sup>	0.65±0.22 <sup>a</sup>	0.44±0.15 <sup>ab</sup>	0.20±0.02 <sup>b</sup>
20:1n-9**	0.36±0.01 <sup>ab</sup>	0.60±0.13 <sup>a</sup>	0.25±0.04 <sup>b</sup>	0.27±0.06 <sup>b</sup>
20:2n-6*	0.31±0.04 <sup>bc</sup>	0.56±0.08 <sup>a</sup>	0.40±0.07 <sup>b</sup>	0.19±0.03 <sup>c</sup>
21:0*	0.15±0.08 <sup>c</sup>	0.29±0.02 <sup>b</sup>	0.55±0.07 <sup>a</sup>	0.60±0.10 <sup>a</sup>
20:4n-6*	7.11±2.00 <sup>bc</sup>	6.42±2.21 <sup>c</sup>	11.52±2.98 <sup>ab</sup>	12.03±1.46 <sup>a</sup>
20:4n-3*	0.35±0.10 <sup>b</sup>	0.23±0.04 <sup>b</sup>	0.25±0.05 <sup>b</sup>	0.58±0.08 <sup>a</sup>
20:5n-3*	8.83±1.19 <sup>a</sup>	6.75±1.46 <sup>ab</sup>	5.00±0.42 <sup>b</sup>	8.49±1.76 <sup>a</sup>
22:4n-6**	1.69±0.13 <sup>b</sup>	2.16±0.54 <sup>b</sup>	3.91±1.01 <sup>a</sup>	2.92±1.02 <sup>b</sup>
22:5n-6*	1.44±0.26 <sup>b</sup>	1.76±0.71 <sup>b</sup>	1.98±0.53 <sup>b</sup>	4.26±0.52 <sup>a</sup>
22:5n-3*	3.82±0.30 <sup>b</sup>	3.11±0.52 <sup>b</sup>	3.30±0.63 <sup>b</sup>	4.60±0.44 <sup>a</sup>
22:6n-3*	12.05±2.37 <sup>a</sup>	12.07±3.70 <sup>a</sup>	7.29±2.11 <sup>b</sup>	13.47±1.34 <sup>a</sup>
SFA**	34.98±2.89 <sup>ab</sup>	31.86±5.45 <sup>b</sup>	40.33±3.42 <sup>a</sup>	34.94±0.63 <sup>ab</sup>
MUFA*	19.75±4.02 <sup>a</sup>	18.40±4.86 <sup>a</sup>	14.51±2.11 <sup>ab</sup>	11.70±2.71 <sup>b</sup>
PUFA*	38.31±4.55 <sup>b</sup>	37.71±9.11 <sup>b</sup>	36.12±6.90 <sup>b</sup>	51.53±3.48 <sup>a</sup>
n-3*	26.19±2.79 <sup>a</sup>	23.48±5.81 <sup>ab</sup>	17.52±3.31 <sup>b</sup>	29.18±2.72 <sup>a</sup>
n-6*	11.52±2.38 <sup>b</sup>	13.20±3.46 <sup>b</sup>	19.33±4.93 <sup>a</sup>	20.56±2.25 <sup>a</sup>
w3/w6*	2.33±0.39 <sup>a</sup>	1.93±0.19 <sup>ab</sup>	1.19±0.34 <sup>b</sup>	1.43±0.18 <sup>b</sup>
EPA+DHA*	20.88±2.73 <sup>a</sup>	18.82±4.79 <sup>ab</sup>	12.29±2.36 <sup>b</sup>	21.96±2.65 <sup>a</sup>

CSJ: Croaker Santos July; CSD: Croaker Santos December; CPJ: Croaker Parnaíba July; CPD: Croaker Parnaíba December. SFA: saturated fatty acids, MUFA: monounsaturated fatty acids, PUFA: polyunsaturated fatty acids, n-3: fatty acids omega 3, n-6: fatty acids omega 6, n-3/n-6 fatty acids ratio, EPA: Eicosapentaenoic acid, DHA: Docosahexaenoic acid. Different superscript letters in each row indicate significant differences. \*P ≤ 0.05, \*\*P ≤ 0.01, \*\*\*P ≤ 0.001.

**Table 5.** Essential and non-essential elements content ( $\text{mg kg}^{-1}$ ) of dried croaker caught in Santos and Parnaíba in different seasons.

Minerals	CSJ (n=10)	CSD (n=10)	CPJ (n=10)	CPD (n=10)
<b>S*</b>	11748.79±537.25 <sup>a</sup>	11299.06±891.39 <sup>a</sup>	11895.54±1478.63 <sup>a</sup>	8693.01±334.37 <sup>b</sup>
<b>Cl*</b>	8073.50±765.36 <sup>a</sup>	4857.83±1148.07 <sup>b</sup>	6475.96±635.00 <sup>ab</sup>	4503.41±521.02 <sup>b</sup>
<b>K***</b>	18886.00±472.10 <sup>a</sup>	17856.86±1539.46 <sup>a</sup>	11399.29±240.66 <sup>b</sup>	12431.58±664.64 <sup>b</sup>
<b>Ca**</b>	891.94±109.72 <sup>ab</sup>	715.28±12.13 <sup>b</sup>	1437.75±240.66 <sup>a</sup>	536.63±27.47 <sup>b</sup>
<b>Fe***</b>	24.41±0.80 <sup>a</sup>	15.41±0.74 <sup>b</sup>	27.53±1.32 <sup>a</sup>	15.61±1.37 <sup>b</sup>
<b>Cu*</b>	2.92±0.06 <sup>ab</sup>	2.56±0.26 <sup>b</sup>	5.53±1.12 <sup>a</sup>	3.42±0.18 <sup>ab</sup>
<b>Zn</b>	19.87±1.08 <sup>a</sup>	18.16±1.15 <sup>a</sup>	18.49±0.79 <sup>a</sup>	18.72±0.79 <sup>a</sup>
<b>Se**</b>	2.67±0.32 <sup>b</sup>	3.18±0.77 <sup>b</sup>	8.02±1.85 <sup>a</sup>	3.94±1.04 <sup>b</sup>
<b>Br*</b>	26.72±1.64 <sup>a</sup>	22.54±0.71 <sup>a</sup>	25.38±1.67 <sup>a</sup>	26.54±2.66 <sup>a</sup>
<b>Rb*</b>	2.42±0.17 <sup>b</sup>	2.32±0.17 <sup>b</sup>	3.46±0.52 <sup>a</sup>	2.60±0.20 <sup>b</sup>
<b>Sr*</b>	3.19±0.12 <sup>b</sup>	1.69±0.51 <sup>c</sup>	5.60±0.47 <sup>a</sup>	3.64±0.23 <sup>b</sup>
<b>Hg***</b>	0.60±0.10 <sup>a</sup>	0.68±0.01 <sup>a</sup>	0.09±0.00 <sup>b</sup>	0.84±0.10 <sup>a</sup>
<b>Cd**</b>	0.00±0.00 <sup>b</sup>	0.00±0.00 <sup>b</sup>	0.01±0.01 <sup>b</sup>	0.02±0.00 <sup>a</sup>
<b>Pb***</b>	0.16±0.03 <sup>b</sup>	0.00±0.00 <sup>c</sup>	0.15±0.04 <sup>b</sup>	0.27±0.02 <sup>a</sup>
<b>As***</b>	13.59±1.48 <sup>b</sup>	11.69±0.18 <sup>b</sup>	24.15±3.85 <sup>a</sup>	10.69±0.39 <sup>b</sup>

CSJ: Croaker Santos July; CSD: Croaker Santos December; CPJ: Croaker Parnaíba July; CPD: Croaker Parnaíba December. Different superscript letters in each row indicate significant differences. \* $P \leq 0.05$ , \*\* $P \leq 0.01$ , \*\*\* $P \leq 0.001$ .

**Table 6.** Stable isotope ratios of Carbon ( $\delta^{13}\text{C}$ ) and Nitrogen ( $\delta^{15}\text{N}$ ) of croakers caught in Santos and Parnaíba in different seasons

Locality/Seasonality	$\delta^{15}\text{N}$ (‰)	$\delta^{13}\text{C}$ (‰)
<b>CSJ</b> (n=10)	14.02±0.55 <sup>a</sup>	-17.78±0.35 <sup>a</sup>
<b>CSD</b> (n=10)	13.12±0.74 <sup>b</sup>	-17.84±0.48 <sup>a</sup>
<b>CPJ</b> (n=10)	11.52±0.22 <sup>c</sup>	-16.72±0.67 <sup>b</sup>
<b>CPD</b> (n=10)	11.45±0.66 <sup>c</sup>	-16.10±0.39 <sup>b</sup>

CSJ: Croaker Santos July; CSD: Croaker Santos December; CPJ: Croaker Parnaíba July; CPD: Croaker Parnaíba December. <sup>a</sup>Means ± S.D. with different letters in the same column are significant different at  $P \leq 0.05$ .

1 **Table 7.** Factor loadings of explorative PCA for croaker standard data set <sup>a</sup>

Variable	Factor 1	Factor 2
Ash	0,006	-0,190
Fat	<b>0,723</b>	0,006
S	-0,615	0,259
Cl	<b>-0,963</b>	-0,001
K	<b>-0,756</b>	0,040
Ca	<b>-0,959</b>	-0,035
Fe	<b>-0,992</b>	-0,033
Cu	<b>-0,884</b>	-0,014
As	<b>-0,928</b>	-0,053
Se	0,642	-0,221
Rb	-0,356	-0,014
Sr	<b>-0,965</b>	-0,106
Hg	<b>0,783</b>	-0,011
Cd	<b>-0,909</b>	-0,027
Pb	<b>-0,988</b>	-0,040
14:00	<b>-0,860</b>	-0,381
15:00	-0,544	<b>-0,716</b>
16:1w7+9	<b>-0,804</b>	-0,319
16:2w4	<b>0,922</b>	0,200
17:00	-0,222	-0,682
17:iso	0,302	<b>-0,798</b>
16:3w4	<b>0,912</b>	-0,153
16:3w3	0,657	0,222
16:4w3	0,072	<b>0,785</b>
18:1w7	-0,500	-0,682
18:2w6	<b>0,902</b>	-0,040
19:00	-0,619	0,456
18:3w4	<b>-0,911</b>	-0,152
20:00	<b>0,971</b>	-0,054
20:1w11	-0,324	-0,572
20:1w9	<b>0,832</b>	-0,417
20:2w6	<b>0,936</b>	-0,287
21:00	<b>0,808</b>	0,239
20:4w6	-0,200	<b>0,841</b>
20:4w3	-0,742	0,420
20:5w3	-0,691	0,576
22:4w6	0,531	0,544
22:5w6	0,331	<b>0,870</b>
22:5w3	<b>-0,705</b>	0,558
22:6w3	0,107	<b>0,864</b>
SFA	-0,529	-0,259
MUFA	-0,243	-0,738
PUFA	-0,098	<b>0,964</b>
W3	-0,267	<b>0,926</b>
W6	0,118	<b>0,818</b>
W3/W6	-0,449	0,000
EPA+DHA	-0,228	<b>0,926</b>
15N	-0,644	0,307
13C	-0,110	0,254

<sup>a</sup> All of the variables are reported; factor weights >0.7 and <-0.7 are shown in bold type.

1 **Figure 1**

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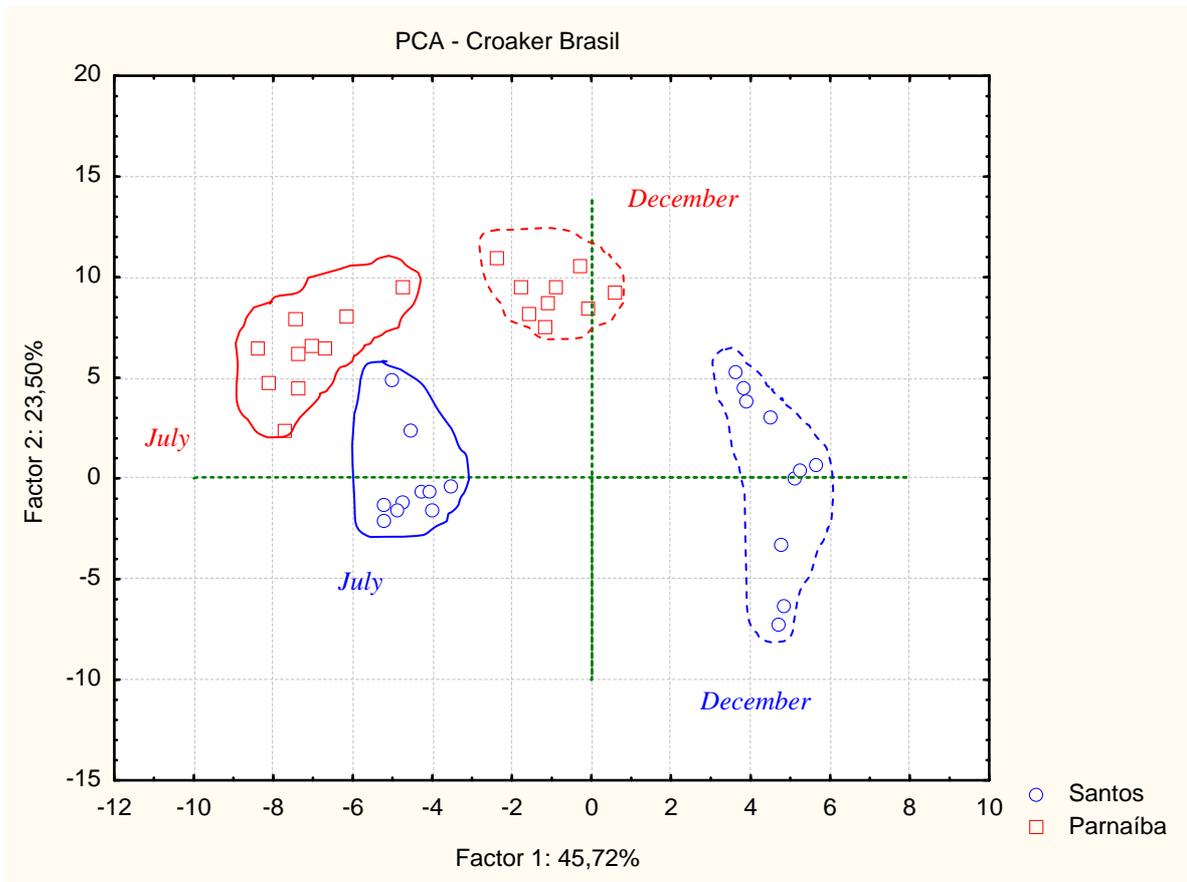
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13 **Figure 1.** Principal Component Analysis of croakers caught in Santos and Parnaíba in  
14 different seasons.

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**Highlights**

- Croaker geographical origin could be distinguished by proximate chemical composition (lipids and ash), fatty acids profile (14:0, 17:0, 21:0, 16:1n-9+16:1n-7, 20:1n-11, 20:1n-9, 20:4n-6, 22:4n-6, MUFA, n-6 and n-3/n-6 ratio), essential elements (K), or stable isotopes (C and N).
- Croaker seasonality could be distinguished by fatty acids (14:0, 15:0, 21:0, 16:1n-9+16:1n-7, 16:2n-4 fit, 16:3n-3 and SFA), elements (Cl, Ca, Fe, Sr and S), and stable isotopes ( $\delta^{15}\text{N}$ ).
- Fatty acids profile, minerals and stable isotopes are promising methods for authentication and traceability of croakers caught in Santos and Parnaíba in different seasons.